



NORTH CAROLINA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

SAREAN HARMONI GAYNOR-METZINGER

Has Established The

**-52 OPEN RAW RECORD (2015-2021)
142.5 KG SQUAT**

**2019 RAW NATIONALS
10/16/2019**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport