



# MISSISSIPPI STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TED LONGO**

Has Established The

**-83 MASTER 2B EQUIPPED RECORD (2015-2021)  
117.5 KG BENCH PRESS SINGLE LIFT**

**OLD MASTERS EQUIPPED CHAMPIONSHIPS POTCHEFSTROOM SOUTH AFRICA**

**10/07/2019**



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