

MISSISSIPPI STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

TED LONGO

Has Established The

-83 MASTER 1A EQUIPPED RECORD (2015-2021)
205 KG DEADLIFT SINGLE LIFT

D MASTERS EQUIPPED CHAMPIONSHIPS POTCHEFSTROOM SOUTH 10/07/2019



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport