



# ALABAMA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JARED BOWENS**

Has Established The

**-74 TEEN 3 EQUIPPED RECORD (2015-2021)  
217.5 KG SQUAT**

**PELICAN STATE OPEN AND LOUISIANA COLLEGIATE CHAMPIONSHIP  
11/23/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport