

PENNSYLVANIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

LUKAS MCNAMARA

Has Established The

-74 YOUTH 3 RAW RECORD (2015-2021) 55 KG BENCH PRESS SINGLE LIFT

WHG WINTER OPEN & HS / YOUTH STATE CHAMPIONSHIPS 01/18/2020



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport