

## WASHINGTON STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## CHRISTOPHER LACOUR

Has Established The

-83 MILITARY OPEN RAW RECORD (2015-2021) 247.5 KG DEADLIFT SINGLE LIFT

TEAM PHOINIX HOLIDAY CLASSIC 12/08/2018



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport