



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**PARES MARIA**

Has Established The

**-84 MASTER 5A RAW (2015-2021)  
25 KG BENCH PRESS SINGLE LIFT**

**"BENCH NATIONALS" ORLANDO, FL  
09/02/2011**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport