

AMERICAN RECORD CERTIFICATE

THIS CERTIFIES THAT

LARA STURM

Has Established The

-63 MASTER 1B EQUIPPED (2015-2021) 161 KG SQUAT

GA & SOUTHERN STATES BP & PL CHAMPS - NORCROSS, GA 11/09/2013



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport