



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KOLE METTS**

Has Established The

**-59 TEEN 1 RAW (2015-2021)  
155 KG DEADLIFT SINGLE LIFT**

**GA & SOUTHERN STATES BP & PL CHAMPIONSHIPS - NORCROSS, GA  
10/25/2014**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport