

## AMERICAN RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **STAN MINGUS**

Has Established The

-105 MASTER 3B RAW (2015-2021) 545.5 KG TOTAL

BEST OF THE MIDWEST CHAMPIONSHIPS - CEDAR RAPIDS, IA
10/25/2014



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport