



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JEFF DOUGLAS**

Has Established The

**-105 MASTER 1B EQUIPPED (2015-2021)  
355 KG SQUAT**

**2011 IPF MASTERS WORLD CHAMPIONSHIPS - ST CATHARINES, CANADA  
10/09/2011**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport