



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SHANNYN TOWE**

Has Established The

**-47 JUNIOR RAW (2015-2021)  
60 KG BENCH PRESS SINGLE LIFT**

**TSI & METABOLIC TECHNOLOGIES PRO DEADLIFT AT THE EMPIRE CHAMPIONSHIPS**

**05/02/2015**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport