



# AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**W. FRED RICE**

Has Established The

**-93 MASTER 4A  
545 KG TOTAL**

**MEN'S AND WOMEN'S NATIONALS  
05/15/2015**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport