



## ALASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KAREN ARNOLD**

Has Established The

**-57 MASTER 1B RAW RECORD (2015-2021)  
50 KG BENCH PRESS**

**ALASKA STATE FAIR - PALMER, AK  
08/23/2014**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport