



# ALASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**JILL DARLING**

Has Established The

**-60 TEEN 3 EQUIPPED RECORD  
137.44 KG SQUAT**

**Â**

**08/23/1997**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport