



# ARIZONA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LYNNE BELDEN**

Has Established The

**-67.5 TEEN 3 EQUIPPED RECORD  
124.74 KG SQUAT**

**Â  
05/31/1986**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport