



# LOUISIANA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ASHLEY MITCHELL**

Has Established The

**-44 TEEN 2 EQUIPPED RECORD  
83.92 KG SQUAT**

**LOUISIANA STATE CHAMPIONSHIPS (RED LERILLE'S HEALTH & RACQU**

**01/18/2014**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport