

## CALIFORNIA STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **TESSA PARKES**

Has Established The

## -52 TEEN 1 RAW RECORD (2015-2021) 132.5 KG TOTAL PUSH-PULL

2016 BRAND X METHOD YOUTH/TEEN/JUNIOR SHOWDOWN 03/19/2016



America's Choice Drug-Free Strength Sport