

CALIFORNIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ELAM DAY-FRIEDLAND

Has Established The

-83 TEEN 1 RAW RECORD (2015-2021) 312.5 KG TOTAL PUSH-PULL

> BOSS OF NORCAL 8 11/17/2018



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport