



## **SOUTH DAKOTA STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**NATALIE RICHARDSON**

Has Established The

**-72 TEEN 3 RAW RECORD (2015-2021)  
222.5 KG TOTAL PUSH-PULL**

**16 SOUTH DAKOTA BENCH PRESS AND POWERLIFTING CHAMPIONSHIP**

**03/04/2016**



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