



# MARYLAND STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**LENORE GELB**

Has Established The

**-63 MASTER 3B RAW RECORD (2015-2021)  
145 KG TOTAL PUSH-PULL**

**MID-ATLANTIC REGIONALS**

**08/05/2018**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport