



# WASHINGTON STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SARAH PAUR**

Has Established The

**-63 POLICE AND FIRE RAW RECORD (2015-2021)**

**195 KG TOTAL PUSH-PULL**

**TEAM PHOINIX HOLIDAY CLASSIC**

**12/08/2018**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport