



## **HAWAII STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**KRISSTY SUMIDA**

Has Established The

**-47 OPEN EQUIPPED RECORD (2015-2021)  
165 KG TOTAL PUSH-PULL**

**2019 WINTER CLASSIC AND NORTHEAST COLLEGIATE REGIONAL  
02/16/2019**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport