

## **ILLINOIS STATE RECORD CERTIFICATE**

## THIS CERTIFIES THAT

## LANCE GROAT

Has Established The

-120 MASTER 1B RAW RECORD (2015-2021) 397.5 KG TOTAL PUSH-PULL

> PF SERIES MEET 1 02/09/2019

www.usapowerlifting.com

America's Choice Drug-Free Strength Sport