



## MISSISSIPPI STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TED LONGO**

Has Established The

**-83 MASTER 2A EQUIPPED RECORD (2015-2021)  
322.5 KG TOTAL PUSH-PULL**

**WORLD MASTERS EQUIPPED CHAMPIONSHIPS POTCHEFSTROOM SOUTH AFRICA**

**10/07/2019**



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