



WASHINGTON STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

LYNNE RICHARDS

Has Established The

**-63 MASTER 2B RAW RECORD (2015-2021)
197.5 KG TOTAL PUSH-PULL**

**UNITED LADIES OF IRON
05/04/2019**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport