



## OHIO STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**NICOLAS IFJU**

Has Established The

**-74 TEEN 3 RAW RECORD (2015-2021)  
142.5 KG BENCH PRESS**

**COLLEGIATE AND JUNIOR NATIONALS  
04/08/2021**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport