



## **SOUTH CAROLINA STATE RECORD CERTIFICATE**

**THIS CERTIFIES THAT**

**EMILY HEISTON**

Has Established The

**-69 OPEN RAW RECORD (2015-2021)  
150 KG SQUAT**

**LADIES OF STEEL  
05/08/2021**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport