



NEW YORK STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

AVA ALLEN

Has Established The

**-43 TEEN 3 RAW RECORD (2015-2021)
145 KG DEADLIFT SINGLE LIFT**

HIGH SCHOOL AND TEEN NATIONAL CHAMPIONSHIP

05/27/2021



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport