



MARYLAND STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ELIZABETH ARHAVBARIEN

Has Established The

**-69 TEEN 3 RAW RECORD (2015-2021)
47.5 KG BENCH PRESS SINGLE LIFT**

**VIRGINIA OPEN STATE CHAMPIONSHIPS
05/23/2021**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport