



# MISSISSIPPI STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**TED LONGO**

Has Established The

**-83 MASTER 2B EQUIPPED RECORD (2015-2021)  
125 KG BENCH PRESS**

**EQUIPPED MASTER'S NATIONALS  
06/14/2021**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport