



MISSISSIPPI STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

TED LONGO

Has Established The

**-83 MASTER 2A EQUIPPED RECORD (2015-2021)
212.5 KG DEADLIFT SINGLE LIFT**

**EQUIPPED MASTER'S NATIONALS
06/14/2021**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport