



## NEW JERSEY STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HELEN WHITE**

Has Established The

**-69 MASTER 4A RAW RECORD (2015-2021)  
265 KG TOTAL**

**RAW MASTER'S NATIONALS  
06/14/2021**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport