



# MINNESOTA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**BRIAN HOW**

Has Established The

**-90 TEEN 1 EQUIPPED RECORD  
552.5 KG TOTAL**

**Â  
01/01/1987**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport