

### MISSOURI STATE RECORD CERTIFICATE

# THIS CERTIFIES THAT

# **JAKWELI GIST**

Has Established The

#### -83 TEEN 2 RAW RECORD (2015-2021) 152.5 KG BENCH PRESS SINGLE LIFT

#### MISSOURI STATE CHAMPIONSHIP AND OPEN 10/02/2021



www.usapowerlifting.com America's Choice Drug-Free Strength Sport