



# CONNECTICUT STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**SHARI LONG**

Has Established The

**-63 MASTER 3A RAW RECORD (2015-2021)  
290 KG TOTAL**

**CT FALL CLASSIC  
10/02/2021**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport