



## AMERICAN RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HELEN WHITE**

Has Established The

**-67.5 MASTER 4A EQUIPPED (2022-2024)  
292.5 KG TOTAL**

**35TH ANNUAL OPEN NATIONAL CHAMPIONSHIP  
05/19/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport