



AMERICAN RECORD CERTIFICATE

THIS CERTIFIES THAT

MICHAEL HARA

Has Established The

**-82.5 MASTER 2A RAW
197.5 KG BENCH PRESS SINGLE LIFT**

**"BENCH NATIONALS 2012" PALM SPRINGS, CA
08/29/2012**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport