



# ALASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**KAREN ARNOLD**

Has Established The

**-56 MASTER 2A RAW RECORD  
52.5 KG BENCH PRESS SINGLE LIFT**

**2ND IPF WORLD CLASSIC BENCH PRESS. KILLEEN, USA  
04/17/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport