



# ALASKA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**RAY ANSELM**

Has Established The

**-100 MASTER 3A**

**Equipped Record**

**182.48 KG SQUAT**

**Â**

**05/12/2001**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport