

## ARKANSAS STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **MICHAEL SPRUELL**

Has Established The

-125 MASTER 1A RAW RECORD **427.5 KG TOTAL PUSH-PULL** 

ND ANNUAL ARKANSAS STATE OPEN POWERLIFTING CHAMPIONSHI 12/19/2020



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport