



CALIFORNIA STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

ALTON PARKES III



Has Established The

**-44 YOUTH 3 RAW RECORD
45 KG BENCH PRESS SINGLE LIFT**

**2016 BRAND X METHOD YOUTH/TEEN/JUNIOR SHOWDOWN
03/19/2016**



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport