



# CALIFORNIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ALTON PARKES III**



Has Established The

**-44 YOUTH 3 RAW RECORD  
45 KG BENCH PRESS PUSH-PULL**

**2016 BRAND X METHOD YOUTH/TEEN/JUNIOR SHOWDOWN  
03/19/2016**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport