



# NATIONAL RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**V TRANCOSO**

Has Established The

**75 POLICE & FIRE OPEN POLICE & FIRE NATIONAL CHAMPIONSHIP  
172.48 KG BENCH PRESS SINGLE LIFT**

**Â  
01/01/1996**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug Free Strength Sport