



# CALIFORNIA STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**RUSSEL KITANI**



Has Established The

**-110 OPEN EQUIPPED RECORD  
242.5 KG BENCH PRESS**

**Â**

**02/02/1997**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport