

MICHIGAN STATE RECORD CERTIFICATE

THIS CERTIFIES THAT

FRED BIRCHMEIER

Has Established The

-90 MASTER 2B EQUIPPED RECORD 182.5 KG DEADLIFT SINGLE LIFT

MI IRONMAN PUSH/PULL OR BENCH ONLY CHAMPIONSHIPS 06/04/2016



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport