

## MISSISSIPPI STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **KNUTE DOUGLAS**

Has Established The

-90 JUNIOR EQUIPPED RECORD 207.5 KG BENCH PRESS

2013 MENS TEEN & JR NATIONALS - 6/21/13 01/01/2013



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport