



# MISSOURI STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**ABIGAIL ZYK**

Has Established The

**-75 JUNIOR EQUIPPED RECORD (2022-2024)  
137.5 KG SQUAT**

**INAUGURAL VIRGINIA HIGH SCHOOL AND COLLEGIATE CHAMPIONSHIP**

**12/02/2017**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport