



## NEW JERSEY STATE RECORD CERTIFICATE

**THIS CERTIFIES THAT**

**HELEN WHITE**

Has Established The

**-60 MASTER 3B RAW RECORD  
82.5 KG SQUAT**

**Â  
01/01/2012**



[www.usapowerlifting.com](http://www.usapowerlifting.com)

America's Choice Drug-Free Strength Sport