

## NEW YORK STATE RECORD CERTIFICATE

## THIS CERTIFIES THAT

## **MEGAN HIMES**

Has Established The

-75 JUNIOR RAW RECORD (2022-2024) 92.5 KG BENCH PRESS SINGLE LIFT

> NEW YORK LADIES OF IRON 05/04/2019



www.usapowerlifting.com

America's Choice Drug-Free Strength Sport